

Bettendorf Life Fitness Center Message for Reopening

Questions: 563-344-4119

The Life Fitness Center will allow member usage only during initial phase of reopening. There will be no guest drop-ins at this time.

Hours of operation will remain the same May 18 – May 24:

- Monday – Thursday: 5:00 a.m. – 9:30 p.m.
- Friday: 5:00 am – 8:00 p.m.
- Saturday: 6:00 a.m. – 5:00 p.m.
- Sunday: 8:00 a.m. – 5:00 p.m.
-

On May 26, LFC converts to summer hours:

- Monday – Thursday: 5:00 a.m. – 8:30 p.m.
- Friday: 5:00 a.m. – 8:00 p.m.
- Saturday: 6:00 a.m. – 2:00 p.m.
- Sunday: 8:00 a.m. – 2:00 p.m.

- We ask that any symptomatic individual with fever, cough, and shortness of breath stay home.
- Hand sanitize application will be required upon entry. Disinfectant wipes provided at entrance.
- There will be 1 water bottle fill station only. All remaining water fountains will be closed.
- There will be no access to showers and saunas.
- The indoor pool will continue to be closed until further notice.
- Personal training may resume upon opening.
- Pickleball play will be allowed on a reservation basis only for LFC members. We will allow doubles play on 4-6 courts total. Reservation times are for 50 minutes. Our members can reserve spots during the following days and times, May 18 – May 24/may reserve up to 48 hours ahead.
 - Monday – Friday from 6:00 a.m. -7:00 p.m.
 - Saturday from 6:00 a.m. – 3:00 p.m.
 - Sunday from 8:00 a.m. – 3:00 p.m.
 - Effective May 26, LFC converts to summer hours, and will have modified times. We will promote these times at a later time.
- Specifically in reference to tennis:
 - Only 1 parent will be allowed to stay with their child who is registered. However, we encourage parents to drop children off and pick up after their session.
 - Attendance will no longer be recorded at the front desk; all registrants will immediately enter the tennis court area after entering the building and having sanitized their hands.
- Equipment has been spaced to allow for adequate distance from one another.
- Certain pieces of equipment will not be usable to allow for safe distancing from one another.
- Spray bottles and rags will be placed on or near equipment. Please clean before and after use.
- There will be no rentals, pickup basketball, or group programming of any kind
- Fitness classes limited to 10 participants or less are scheduled to begin on Tuesday, May 26.
- More information to come on fitness classes.

With these measures in place, we are working to ensure that our members Feel Great, Get Strong, and Live Long safely.